

SEPTEMBER

Monday

Muffins: Blue Berry Ultra-Healthy & Berry Paleo (Made With Almond Flour)...
Scones: Whole Wheat Apple Cinnamon, Raspberry Almond...
Cookies: Oatmeal Chocolate Chip Walnut & Snickerdoodle...
Fruit Bars: Marionberry...
PLUS: Banana or Pumpkin Bread (Gluten Free, Dairy free)...

Tuesday

Muffins: Apple Cinnamon & Raspberry Ultra-Healthy...
Scones: Cranberry Walnut & Berry...
Cookies: Oatmeal Chocolate Chip Walnut & Salted Caramel...
Bars: Raspberry Fruit Bar, Brownies...
Quick Bread: Lemon Blueberry

Wednesday

Muffins: Cranberry Apple UH & Lemon Blueberry Ginger Almond...
Scones: Date & Raisin Nut (aka Earth) & Berry Cream Cheese...
Cookies: Oatmeal Chocolate Chip & Peanut Butter Chocolate Chip...
Fruit Bars: Peach & Mango...
PLUS: Bread Pudding

Thursday

Muffins: Carrot Raisin Walnut & Blueberry Paleo (Made With Almond Flour)...
Scones: Apple Cinnamon & Blueberry...
Cookies: Oatmeal Chocolate Chip Walnut & Gingersnap...
Fruit Bars: Mixed Berry...
Quick Bread: Pineapple Coconut...
PLUS: Kahuna Bars

Friday

Cinnamon Rolls with applesauce...
Muffins: Pineapple/Banana/Pecan & Mixed Berry Ultra-Healthy...
Scones: Berry Cream Cheese & Poppy Seed Almond...
Cookies: Oatmeal Chocolate Chip Walnut & Salted Caramel Cookies...
Fruit Bars: Blueberry

Saturday

Frosted Cinnamon Rolls..
Muffins: Baker's Choice...
Scones: Apple Cinnamon & Berry...
Cookies: Oatmeal Chocolate Chip Walnut
& Snicker Doodle



203 Genessee Street • Medford OR 97504 • (541) 245-3310



Great Harvest Bread Co.
Fresh Bread & Sweets,
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7 a.m. to 5 p.m. Monday – Friday
Saturday 8 a.m. to 3 p.m.

SEPTEMBER

Hot bread comes out daily
between 10am to 1pm



Daily

*Honey Whole Wheat, Cinnamon Chip, *5-Seed Dakota

Monday

*Honey Whole Wheat, Harvest White, Cinnamon Chip, *5-Seed Dakota,
Basil Parmesan, Monkey Bread, Cranberry Orange

Tuesday

*SuperFood, Oregon Cherry Walnut, Sourdough, Multi-Grain Sourdough

Wednesday

Sourdough, Multi-Grain Sourdough, 3-Cheese Garlic Sourdough,
*Breakfast Blast, *Wheat Cinnamon Chip

Thursday

Sourdough, Multi-Grain Sourdough, Cranberry Pear Walnut, Swiss Dill,
Pumpernickel Rye, Gluten Less Dakota

Friday & Saturday

Sourdough, Multi-Grain Sourdough, Challah, Cherry Apple Blueberry,
Panza (parmesan, olives, sun-dried tomatoes, black pepper, oregano,
basil)

Breads with a star * indicate 100% Whole Grain.

Salads:

Mexicali Salad: \$8.50 - Mixed greens, smoked turkey breast, fresh avocado, shaved cabbage, cherry tomatoes, red onion, black beans, tortilla chips, cilantro, and our delicious house-made chipotle honey lime yogurt dressing.

The Greek: \$7.99 - Fresh greens, artichoke hearts, Kalamata olives, roasted red peppers, cucumbers, cherry tomatoes, and feta cheese, topped with our house-made red wine & olive oil vinaigrette.

The Yardbird: \$8.95 - Mixed greens, chicken, spiced seeds & nuts, roasted chickpeas, golden raisins, cranberries and Parmesan cheese topped with house-made avocado goddess dressing.

Side Kick: \$4.00 - A simple mix of spring greens, grape tomatoes, cucumbers and croutons

Dressings: - Ranch, Italian, Baja Chipotle Lime Yogurt and Avocado Goddess

New Sides:

Chips \$1.50, Meat sides (ham, bacon, turkey, tuna, egg) \$2.00



Classic Sandwiches: Mon-Sat until 4pm

Most sandwiches include sliced tomato, romaine lettuce, thinly sliced red onion & salt & pepper. Some have mayonnaise & Dijon mustard and others have a spread. All include your choice of fresh made bread.

Full sandwich \$7.95 Half \$5.25
prices subject to change :)

Ham & Swiss: Tender slices of honey smoked ham & Swiss Cheese

Table Rock Turkey: Smoked Turkey Breast & Swiss Cheese

Roast Beef: Pepper roasted thinly sliced roast beef with your choice of cheese

Peanut Butter & Jelly: Full \$4, Half \$2.50

Hot Signature Sandwiches: Mon-Sat until 4pm

Breakfast Sandwich: \$7.25 - Ham or Bacon or Avocado, Eggs, Cheddar, Swiss or Pepper Jack Cheese, garlic spread on fresh made bread. Eggs with spinach add, \$0.75

BLAT: \$7.95 - Our version of the bacon lettuce tomato with fresh mashed avocados served on your choice of fresh bread with mayo then grilled.

Groovy Grilled Cheese: \$5.65 - A twist on the traditional sandwich served with a garlic and herb spread, sharp cheddar & Swiss cheese. With tomato add \$0.50, • with ham or crisp bacon add \$1.50

Spicy Apple Bacon grilled Cheese: \$7.50 - Melted sharp cheddar cheese & provolone, thinly sliced apples, bacon, and pepper jelly.

Signature Sandwiches: Mon-Sat until 4pm

Cowboy Cobb: Full \$8.95, Half \$5.95 - Fresh avocado, smoked turkey breast, crispy bacon, with bleu cheese spread.

Pepper Bleu Roast Beef: Full \$7.85, Half \$5.50 - Roast beef with bleu cheese spread.

Sweet-Spicy Chicken Salad Sandwich: Full \$7.95, Half \$5.50 - Chunks of white and dark meat chicken in a seasoned mayonnaise dressing with our homemade sweet and spicy pecans.

Harvest Grand Veggie: Full \$6.95, Half \$5.50 - Fresh bell pepper rings, cucumber slices, provolone & cheddar cheeses with our sweet red pepper spread.

Tuna Salad Sandwich: Full \$6.95, Half \$5.50
Solid white albacore tuna with celery, crisp romaine lettuce, sliced tomato and red onion

Chimichurri Roast Beef: Full \$8.95 Half \$5.95 Roast Beef, Swiss Cheese, Chimichurri Sauce, red onion, romaine lettuce, tomato, salt & pepper

Baja Chipotle Turkey: Full \$8.95, Half \$5.95 - Smoked turkey, pepper jack cheese, avocado, pickled red onion, tomato, green cabbage and sandwich salt.

Turkey Goddess sandwich: Full \$8.95, Half \$5.95 - Turkey, Havarti cheese, red onion, tomato, romaine lettuce, Goddess Spread (avocado, mayo, sourcream, lemon, garlic, anchovy paste, scallions, parsley, basil, tarragon, kosher salt, black pepper).

The Italian: Full \$8.25 - Shaved Genoa salami and smoked ham topped with a roasted red pepper black olive tapenade and provolone cheese drizzed with red wine vinaigrette. Best served on Harvest White or Sourdough with lettuce, tomato, onion, and salt & pepper mix.