

MARCH

Monday

Muffins: Blueberry Oat, Banana or sweet potato Made Without Dairy or Gluten...
 Scones: Raspberry Almond & Whole Wheat Apple Cinnamon...
 Cookies: Oatmeal Chocolate Chip Walnut & Oatmeal Salted Caramel...
 Bars: Marionberry Fruit Bar...
 Quick Bread: Banana or Sweet Potato Made Without Dairy or Gluten...



Tuesday

Muffins: Apple Cinamon & Lemon Blueberry...
 Scones: Cranberry Walnut & Marionberry...
 Cookies: Oatmeal Chocolate Chip Walnut & Oatmeal Salted Caramel & Snickerdoodle...
 Bars: Raspberry...
 Quick Bread: Lemon Blueberry...
 PLUS: Brownies...



Wednesday

Muffins: Lemon Blueberry Ginger Almond & Cranberry Apple Oat...
 Scones: Date & Raisin Nut (aka Earth), Lemon Poppyseed with Lemon Icing, Glazed Lemon Poppyseed...
 Cookies: Oatmeal Chocolate Chip Walnut & Oatmeal Salted Caramel & Peanut Butter Chocolate chip...
 Bars: Peach...
 PLUS: Kahuna Bars...

Thursday

Muffins: Berry Paleo & Morning Glory (with raisins, walnuts, apples, carrots, coconut)...
 Scones: Apple Cinnamon & Berry Almond...
 Cookies: Oatmeal Salted Caramel, Chocolate Chip (made without Gluten), Snickerdoodle...
 Bars: Mixed Berry...
 Quick Pineapple Coconut...

Friday

Muffins: Mini Monkey, Orange Cranberry Hazelnut, Berry Oat...
 Scones: Poppyseed Almond, Berry Cream Cheese...
 Cookies: Oatmeal Chocolate Chip Walnut & Oatmeal Salted Caramel, Snickerdoodles...
 Bars: Blueberry...
 Cinnamon Rolls with applesauce...



Saturday

Muffins: Blueberry Bran...
 Scones: Apple Cinnamon & Berry Cream Cheese...
 Cookies: Oatmeal Chocolate Chip Walnut...
 Cinnamon rolls with frosting...



Great Harvest Bread Co.
 Fresh Bread & Sweets,
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7 a.m. to 5 p.m. Monday – Friday
 Saturday 8 a.m. to 3 p.m.

MARCH



Hot bread comes out daily
 between 10am to 1pm

Daily

*Honey Whole Wheat, Cinnamon Chip, *5-Seed Dakota, Monkey Bread

Monday

Sourdough, New! Cranberry Walnut Sourdough, New! Cracked Pepper Parmesan, Banana (no Dairy or Gluten) , Harvest White, Pumpernickle Rye, Banana or Sweet Potato Made Without Dairy or Gluten

Tuesday

Sourdough, Multi-Grain Sourdough, New! SuperFood Bread, Irish Soda, Lemon Blueberry Quick Bread

Wednesday

Asiago Sourdough, Multi-Grain Sourdough, Sourdough, Gluten Less Dakota, Apple Crunch

Thursday

Cranberry Pear Walnut, Swiss Dill, Sourdough, Multi-Grain Sourdough, Pineapple Coconut Quick Bread

Friday

Challah, Sourdough, Savory Sourdough, Breakfast Blast

Spelt Bread First Wednesday of the Month
We will make Wheat Cinnoman Chip the 2nd
Wednesday of each month

Salads:

Chicken Cobb Salad: \$8.50 - Chicken, mixed greens, egg, bacon, grape tomatoes, avocado, bleu cheese crumbles & croutons; choice of dressings.

Mexicali Salad: \$8.50 - Mixed greens, turkey breast, fresh avocado, shaved cabbage, cherry tomatoes, red onion, black beans, tortilla chips, our delicious house-made chipotle honey lime yogurt dressing.

The Greek: \$7.99 - Fresh greens, artichoke hearts, Kalamata olives, roasted red peppers, cucumbers, cherry tomatoes, and feta cheese, topped with our house-made red wine & olive oil vinaigrette.

The Yardbird: \$8.95 - Mixed greens, chicken, spiced seeds & nuts, roasted chickpeas, raisins, crasins and Parmesan cheese topped with house-made avocado goddess dressing.

Side Kick: \$4.50 - A simple mix of spring greens, grape tomatoes, cucumbers and croutons

Dressings: - Ranch, Italian, Baja Chipotle Lime Yogurt and Avocado Goddess

New Sides: - Chips \$1.75, Meat sides (ham, bacon, turkey, tuna, egg, avocado) \$2.50, Vegan egg substitute \$2.00

Classic Sandwiches: Mon-Fri until 4pm / Saturday until 3pm

Most sandwiches include sliced tomato, lettuce, thinly sliced red onion & salt & pepper. Some have mayonnaise & Dijon mustard and others have a spread. All include your choice of fresh made bread.

Full sandwich \$7.95 Half \$5.50
\$1.50 extra for gluten free bread
prices subject to change :)

Ham & Swiss: Tender slices of honey smoked ham & Swiss Cheese

Table Rock Turkey: Turkey Breast & Swiss Cheese

Roast Beef: Pepper roasted thinly sliced roast beef with Provolone cheese

Peanut Butter & Jelly: Full \$4, Half \$2.50

Avacado Toast: \$6.50 - Bread choices of sourdough, 5-seed dakota, honey whole wheat)

Hot Signature Sandwiches: Mon-Fri until 4pm / Saturday until 3pm

Breakfast Sandwich: \$8.50 - Meat choice of Ham, Bacon, Avocado or Turkey, Eggs, choice of cheese (cheddar, swiss, provolone or pepper jack), garlic spread on fresh made bread. Add spinach \$0.75

BLAT: \$8.50 - Our version of the bacon lettuce tomato with fresh mashed avocado on your choice of toasted fresh bread and mayo.

Groovy Grilled Cheese: \$5.75 - A twist on the traditional sandwich served with a garlic and herb spread, sharp cheddar & Swiss cheese. With tomato add \$0.50, • with ham or crisp bacon add \$2.50

Spicy Apple Bacon Grilled Cheese: \$8.25 - Melted sharp cheddar cheese & provolone, thinly sliced apples, bacon, and pepper jelly.

Signature Sandwiches: Mon-Sat until 4pm

Cowboy Cobb: Full \$8.95, Half \$5.95 - Fresh avocado, turkey breast, crispy bacon, with bleu cheese spread.

Turkey Cranberry: Full \$7.95, Half \$5.75 - Turkey, provolone cheese, cranberry orange horseradish sauce, lettuce, mayo and onions.

Sweet-Spicy Chicken Salad Sandwich: Full \$7.95, Half \$5.50 - Chunks of white and dark meat chicken in a seasoned mayonnaise dressing with our homemade sweet and spicy pecans.

Harvest Grand Veggie: Full \$7.95, Half \$5.50 - Fresh bell pepper rings, cucumber slices, provolone & cheddar cheeses with our sweet red pepper spread.

Tuna Salad Sandwich: Full \$8.25, Half \$5.50

Solid white albacore tuna with celery, lettuce, sliced tomato and red onion

Baja Chipotle Turkey: Full \$8.95, Half \$5.95 - Turkey, pepper jack cheese, avocado, pickled red onion, chipotle lime yogurt sauce, tomato, green cabbage and sandwich salt.

Turkey Goddess Sandwich: Full \$8.95, Half \$5.95 - Turkey, Havarti cheese, red onion, tomato, lettuce, Goddess Spread (avocado, mayo, sourcream, lemon, garlic, anchovy paste, scallions, parsley, basil, tarragon, kosher salt, black pepper).

Vegan Veggie: Full \$7.95 - Fresh avocado, hummus, cucumbers, bell peppers, onion, tomato, green leaf lettuce and spinach