

# February



## Monday

Muffins: Vegan Whole Grain Cranberry Apple, Banana or Pumpkin made without dairy or gluten...

Scones: Raspberry Almond & Whole Wheat Apple Cinnamon...

Cookies: Oatmeal Chocolate Chip Walnut & Oatmeal Salted Caramel...

Bars: Blackberry...

Quick Bread: Banana or Pumpkin made without dairy or gluten...

## Tuesday

Muffins: Apple Cinnamon, Pineapple Coconut...

Scones: Cranberry Walnut, Peach Cream Cheese...

Cookies: Oatmeal Salted Caramel, Oatmeal Chocolate Chip Walnut, Mocha Crackle...

Bars: Raspberry...

Quick Bread: Pineapple Coconut...



## Wednesday

Muffins: Berry Paleo...

Scones: Date and Raisin Nut (aka Earth), Berry Scone...

Cookies: Oatmeal Salted Caramel, Oatmeal Chocolate Chip Walnut, Chocolate Chip made without gluten...

Bars: Kahuna...

## Thursday

Muffins: Morning Glory (with raisins, walnuts, apples, carrots, coconut)...

Scones: Apple Cinnamon, Chef Choice Scone made without gluten...

Cookies: Oatmeal Chocolate Chip Walnut, Oatmeal Salted Caramel, Ginger Snap...

Bars: Mixed Berry...

## Friday

Muffins: Berry Bran...

Scones: Poppyseed Almond & Berry Cream Cheese...

Cookies: Oatmeal Salted Caramel, Oatmeal Chocolate Chip Walnut, Snickerdoodle...

Bars: Blueberry & Turtle Brownies made without gluten...

PLUS: Cinnamon Rolls with Applesauce...



## Saturday

Scone: Apple Cinnamon...

Cookies: Oatmeal Chocolate Chip Walnut...

PLUS: Cinnamon rolls with Frosting...



Great Harvest Bread Co.  
Fresh Bread & Sweets,  
Fresh Sandwiches,  
Soup & Fresh Coffee

203 Genessee Street  
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8 a.m. to 3 p.m. Monday – Saturday  
Closed Sunday



# February

Hot bread out of the oven by 11 am daily.



## Monday - Friday

Honey Whole Wheat, 5-Seed Dakota, Sourdough, Cinnamon Chip

## Monday

Multi-Grain Sourdough, Raisin Cinnamon, Harvest White, Basil Parmesan, Banana or Pumpkin made without dairy or gluten

## Tuesday

Pumpernickel Rye, Asiago Sourdough, Cranberry Orange, Pineapple Coconut, Whole Wheat Cinnamon Chip

## Wednesday

3-Cheese Garlic Sourdough, Dakota made without gluten, Multi-Grain Sourdough, Superfood

## Thursday

Rosemary Garlic Sourdough, Swiss Dill, Cranberry Pear Walnut, Lemon Blueberry

## Friday

Challah, Multi-Grain Sourdough, Chef's Choice

## Salads:

**Chicken Cobb Salad: \$10.95** - Chicken, mixed greens, egg, bacon, grape tomatoes, avocado, bleu cheese crumbles & croutons; choice of dressings.

**Mexicali Salad: \$10.75** - Mixed greens, turkey breast, fresh avocado, shaved cabbage, cherry tomatoes, red onion, black beans, tortilla chips, our delicious house-made chipotle honey lime yogurt dressing.

**The Greek: \$10.75** - Fresh greens, artichoke hearts, Kalamata olives, roasted red peppers, cucumbers, cherry tomatoes, and feta cheese, topped with our house-made red wine & olive oil vinaigrette.

**The Yardbird: \$10.95** - Mixed greens, chicken, spiced seeds & nuts, roasted chickpeas, raisins, crasins and Parmesan cheese topped with house-made avocado goddess dressing.

**Side Kick: \$5.25** - A simple mix of spring greens, grape tomatoes, cucumbers and croutons.

**Dressings:** - Ranch, Italian, Baja Chipotle Lime Yogurt and Avocado Goddess.

**New Sides:** - Chips \$1.85, Meat sides (ham, bacon, turkey, tuna, egg, avocado) \$2.50

## Cafe:

Classic sandwiches include sliced tomato, lettuce, thinly sliced red onion & salt & pepper. Some have mayonnaise & Dijon mustard and others have a spread. All include your choice of fresh made bread.

**\$2.00 extra for gluten free bread**  
prices subject to change :)

**Ham & Swiss: \$9.75** - Tender slices of honey smoked ham & Swiss Cheese.

**Table Rock Turkey: \$9.75** - Turkey Breast & Swiss Cheese.

**Roast Beef: \$10.25** - Pepper roasted thinly sliced roast beef with Provolone cheese.

**Peanut Butter & Jelly:** Full \$5, Half \$3.00

**Avocado Toast: \$7.75** - Bread choices of (sourdough, 5-seed dakota, honey whole wheat)

## Hot Signature Sandwiches:

**Breakfast Sandwich: \$9.95** - Meat choice of Ham, Bacon, Avocado or Turkey, Eggs, choice of cheese (cheddar, swiss, provolone or pepper jack), garlic spread on fresh made bread. Add spinach \$0.75

**BLAT: \$9.95** - Our version of the bacon lettuce tomato with fresh mashed avocado on your choice of toasted fresh bread and mayo.

**Groovy Grilled Cheese: \$6.95** - A twist on the traditional sandwich served with a garlic and herb spread, sharp cheddar & Swiss cheese. With tomato add \$0.50, • with ham or crisp bacon add \$2.50

**Spicy Apple Bacon Grilled Cheese: \$9.95** - Melted sharp cheddar cheese & provolone, thinly sliced apples, bacon, and pepper jelly.

**Cowboy Cobb: Full \$10.75, Half \$5.95** - Fresh avocado, turkey breast, crispy bacon, with bleu cheese spread.

**Chimichurri Roast Beef: \$10.75** - Roast beef, Swiss Cheese, Chimichurri Sauce, red onion, lettuce, tomato, salt & pepper.

**Turkey Cranberry: Full \$10.25, Half \$5.95** - Turkey, provolone cheese, cranberry orange horseradish sauce, lettuce, mayo and onions.

**Sweet-Spicy Chicken Salad Sandwich: Full \$10.50 Half \$5.75** - Chunks of white and dark meat chicken in a seasoned mayonnaise dressing with our homemade sweet and spicy pecans.

**Harvest Grand Veggie: Full \$9.75, Half \$5.95** - Fresh bell pepper rings, cucumber slices, provolone & cheddar cheeses with our sweet red pepper spread.

**Tuna Salad Sandwich: Full \$9.25, Half \$5.95**  
Solid white albacore tuna with celery, lettuce, sliced tomato and red onion.

**Baja Chipotle Turkey: Full \$10.25, Half \$5.95** - Turkey, pepper jack cheese, avocado, pickled red onion, chipotle lime yogurt sauce, tomato, green cabbage and sandwich salt.

**Turkey Goddess Sandwich: Full \$10.25, Half \$5.95** - Turkey, Havarti cheese, red onion, tomato, lettuce, Goddess Spread (avocado, mayo, sour cream, lemon, garlic, anchovy paste, scallions, parsley, basil, tarragon, kosher salt, black pepper).

**The Italian: \$10.25** - Shaved Genoa Salami and Smoked Ham topped with a Red Pepper Black Olive Tapenade and Provolone Cheese drizzled with Red Wine Vinaigrette. Your Choice of Fresh Baked Bread with Lettuce, Tomato & Onion

**Vegan Veggie: \$9.75** - Fresh avocado, hummus, cucumbers, bell peppers, onion, tomato, green leaf lettuce and spinach.

**Hours:** Monday - Saturday 8am - 3pm | Closed Sunday