

BREAD INGREDIENTS

Apple Walnut Swirl	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Brown Sugar, Walnuts, Apples, Butter (pasteurized sweet cream, salt), Yeast, Salt and Cinnamon.
Basil Parmesan	Enriched White Flour (Wheat flour, malted barley flour, niacin, iron (reduced) thiamine mononitrate, riboflavin, folic acid), Water, Fresh Ground 100% Whole Wheat Flour, Honey, Parmesan Cheese (Pasteurized part skim milk, cheese cultures, salt, enzymes, powdered cellulose, natamycin), Yeast, Salt, Egg Whites, Garlic and Basil.
Cinnamon Chip	Enriched White Flour (Wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Water, Cinnamon Chips (sugar, palm oil, cinnamon, nonfat dry milk, soy lecithin), Honey, Yeast, Salt and Eggs.
Cinnamon Swirl	Fresh Ground 100% Whole Wheat Flour, Water, Brown Sugar, Honey, Butter (pasteurized sweet cream, salt), Yeast, Salt and Cinnamon.
Cheddar Garlic	Enriched White Flour (Wheat flour, malted barley flour, niacin, iron (reduced) thiamine mononitrate, riboflavin, folic acid), Water, Cheddar Cheese (Cultured pasteurized milk, salt, enzymes, artificial color), Honey, Yeast, Salt, Egg Whites, Garlic and Dried Onion.
Challah	Enriched White Flour (Wheat flour, malted barley flour, niacin, iron (reduced) thiamine mononitrate, riboflavin, folic acid), Water, Honey, Eggs, Yeast, Egg Yolks, Salt.
Cranberry Pear Walnut	Water, White flour (Wheat flour, malted barley flour, niacin, iron (reduced) thiamine mononitrate, riboflavin, folic acid), Wole Wheat Flour, Pears, Dried Cranberries(Cranberries, sugar, sunflower oil), Honey, Walnuts, Yeast, Salt, Eggs
Cranberry Orange	Enriched White Flour (Wheat flour, malted barley flour, niacin, iron (reduced) thiamine mononitrate, riboflavin, folic acid), Water, Fresh Ground 100% Whole Wheat Flour, Dried Cranberries (Cranberries, sugar, sunflower oil), Honey, Oranges, Yeast, Salt and Egg Whites.
Crunchy Blues	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dried Blueberries (Blueberries, sucrose, sunflower oil), Flax Seeds, Olive Oil, Flax Meal, Walnuts, Rolled Oats, Yeast, Dates, Salt.
5 Seed Dakota	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Sunflower Seeds, Millet, Flax Seeds, Poppy Seeds, Sesame Seeds, Yeast and Salt.
Flax Oat Bran	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Flax Seeds, Pecans, Oat Bran, Yeast, Salt, Rolled Oats.
Gluten Free Cinnamon Chip	Water, Cultured Buttermilk (Cultured low fat milk, nonfat milk, sodium citrate, salt, vitamin A palmitate, vitamin D3, live active cultures), Cinnamon Chips (Sugar, palm oil, cinnamon, non fat dry milk, soy lecithin), Honey, Brown Rice Flour, Tapioca Flour, Buckwheat, Eggs, Flax Seeds, Cornstarch, Butter (Milk), Yeast, Xanthan Gum, Salt and Distilled Vinegar.
Gluten Free Dakota	Water, Cultured Buttermilk (Cultured low fat milk, nonfat milk, sodium citrate, salt, vitamin A palmitate, vitamin D3, live active cultures), Honey, Brown Rice Flour, Tapioca Flour, Buckwheat, Eggs, Flax Seeds, Cornstarch, Butter (Milk), Sunflower Seeds, Millet, Yeast, Sesame Seeds, Xanthan Gum, Salt and Distilled Vinegar.
Green Chili Pepper Jack	Enriched White Flour (Wheat flour, malted barley flour, niacin, iron (reduced) thiamine mononitrate, riboflavin, folic acid), Water, Honey, Cheddar Cheese (cultured pasteurized milk, salt, enzymes, artificial color), Pepper Jack Cheese (Monterey jack cheese(cultured pasteurized milk, salt, enzymes, calcium chloride) jalapeno pepers, salt, vinegar, calcium chloride, potassium sorbate), Green Chili Peppers (green chiles, water, citric acid, calcium chloride), Red Peppers (sweet red peppers, water, citric acid), Yeast, Salt, Egg Whites, Dried Garlic and Cilantro.
Harvest White	Enriched White Flour (Wheat flour, malted barley flour, niacin, iron (reduced) thiamine mononitrate, riboflavin, folic acid), Water, Honey, Yeast, Salt.
Honey whole Wheat	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Yeast, Salt and Eggs
Indian Bread	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Molasses, 9 Grain Mix (Barley, Buckwheat, Corn, Flax, Millet, Oats, Red Wheat, Rye, and White Wheat), Rolled Oats, Yeast, Caramel Coloring, Salt and Egg Whites.
Nine Grain	Fresh Ground 100% Whole Wheat Flour, Water, Honey, 9 Grain Mix (Barley, Buckwheat, Corn, Flax, Millet, Oats, Red Wheat, Rye, and White Wheat), Yeast, Salt, Egg Whites, Rolled Oats.
Pacific Crest Crunch	Fresh Ground 100% Whole Wheat Flour, Water, Honey, Dried Cranberries (Cranberries, sugar, sunflower oil), Raisins, Sunflower Seeds, Yeast, Walnuts, Flax Seeds, Pecans, Salt.
Pumpernickel rye	Enriched White Flour (wheat flour, malted barley flour, niacin, iron(reduced) thiamine mononitrate, riboflavin, folic acid), Water, Rye Flour, Carob Powder, Honey, Molasses, Vinegar, Yeast, Caramel Coloring, Caraway Seeds, Salt, Canola Oil, Sesame Seeds, Egg Whites and Coffee.
Sourdough	Enriched White Flour (wheat flour, malted barley flour, niacin, iron(reduced) thiamine mononitrate, riboflavin, folic acid), Water, Sourdough Starter (White Flour(wheat flour, malted barley flour, niacin, iron(reduced) thiamine mononitrate, riboflavin, folic acid), Wheat Flour, Ascorbic Acid, Niacin, Iron, Thiamine, Mononitrate, Riboflavin, Enzymes, Folic Acid and Water), Salt, Yeast, Ascorbic Acid
Multigrain Sourdough	Enriched White Flour (wheat flour, malted barley flour, niacin, iron(reduced) thiamine mononitrate, riboflavin, folic acid), Water, Sourdough Starter (White Flour(wheat flour, malted barley flour, niacin, iron(reduced) thiamine mononitrate, riboflavin, folic acid), Whole Wheat Flour, Dark Rye Flour, Flax Seeds, Sesame Seeds, Sunflower Seeds, Rolled Oats, Salt, Yeast, Ascorbic Acid
Spelt	Spelt Flour (whole grain spelt berries), Water, Honey, Yeast, Salt. (produced in a facility where wheat is present)
Spinach Feta	Water, Fresh Ground 100% Whole Wheat Flour, Feta Cheese (pasteurized milk, saly, cheese cultures and enzymes), Honey, Enriched White Flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Spinach, Yeast, Salt, Garlic, Oregano and Black Pepper.
Swiss Dill	Enriched White Flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Water, Swiss Cheese (skim milk, cheese cultures, salt, enzymes), Honey, Yeast, Salt, Egg Whites, Dried Onion, Dill and Ground Mustard.
Virginia Bread	Water, Enriched White Flour (Wheat flour, malted barley flour, niacin, iron (reduced) thiamine mononitrate, riboflavin, folic acid), Fresh Ground 100% Whole Wheat Flour, Honey, Butter (Milk), Dehydrated Potatoes (Dried potatoes, mono and diglycerides, sodium bisulfate and BHT), Yeast, Salt and Egg Whites.
Whole Wheat Raisin Cinnamon	Water, Fresh Ground 100% Whole Wheat Flour, Raisins, Honey, Yeast, Salt and Cinnamon.
Wheat Cinnamon Burst	Fresh Ground 100% Whole Wheat Flour, Water, Cinnamon Chips (Sugar, palm oil, cinnamon, non fat dry milk, soy lecithin), Honey, Yeast, Salt and Cinnamon.