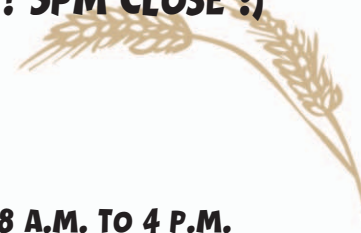




## NEW CLOSING HOURS MONDAY-FRIDAY! 5PM CLOSE :)

Great Harvest Bread Co.  
Fresh Bread & Sweets, Fresh Sandwiches, Soup & Fresh Coffee  
203 Genessee Street  
Medford OR 97504  
(541) 245-3310  
www.greatharvestmedford.com

**7 A.M. TO 5 P.M. MONDAY - FRIDAY / SATURDAY 8 A.M. TO 4 P.M.**



# SUPER FOOD BREAD



SuperFood....this is one of my new favorite breads. Made from three whole grains including Hemp, Quinoa and our fresh ground whole wheat flour. This bread is a complete protein. As Americans struggle to bring variety to their guts, I encourage you to try this tasty bread which is made fresh on Tuesdays and Fridays. It tastes great on a sandwich or great with a salad.

Thank you for your business!

Lisa, Dan, and fabulous crew

## MAY / JUNE Hot bread comes out daily between 10am to 1pm

### DAILY

*\*Honey Whole Wheat - Cinnamon Chip- Monkey Bread \* 5-Seed Dakota*

### MONDAY

*Harvest White, \*Raisin Cinnamon, Basil Parmesan, Gluten & Dairy Free Banana, Gluten Free Dakota*

### TUESDAY

*\*SuperFood, Cranberry Orange, Basil Parmesan, Plain & Multi-Grain Sourdoughs, Lemon Blueberry Pound Cake*

### WEDNESDAY

*Anadama, 3-Cheese Garlic Sourdough, \*Pacific Crest Crunch, \*Whole Wheat Cinnamon Chip, Plain & Multi-Grain Sourdoughs,*

### THURSDAY

*Swiss Dill, Pumpernickel Rye, Gluten Free Dakota, Cranberry Pear Walnut, , Multi-Grain & Plain Sourdough & Baker's Choice*

### FRIDAY & SATURDAY

*Challah, \*Whole Grain Breakfast Blast, \*SuperFood, Asiago Sourdough, Multi-Grain & Plain Sourdough*

*Breads with a star "\*" indicate 100% Whole Grain. Daily our fresh breads come out of oven between 10 and 1 pm.*

## MAY / JUNE

### MONDAY

*Muffins: Blue Berry Ultra-Healthy...Fruit Bars: Marionberry... Scones: Raspberry Almond & Whole Wheat Apple Cinnamon... Cookies: Oatmeal Chocolate Chip Walnut & Peanut Butter Chocolate Chip*

### TUESDAY

*Muffins: Apple Cinnamon & Raspberry Ultra-Healthy...Scones: Cranberry Walnut & Marion Berry... Cookies: Oatmeal Chocolate Chip Walnut & Salted Caramel.. Fruit Bars: Raspberry & Brownies.. Quick Bread: Lemon Blueberry*

### WEDNESDAY

*Muffins: Cranberry Apple UH & Berry Bran... Scones: Date & Raisin Nut (aka Earth)& Berry Cream Cheese...Fruit Bars: Peach... Cookies: Oatmeal Chocolate Chip & Mocha Crackle plus Bread Pudding*

### THURSDAY

*Muffins: Carrot Raisin Walnut & Raspberry Paleo (made with Almond flour)... Scones: Apple Cinnamon & Blueberry & Gluten Free Cranberry Orange... Cookies: Oatmeal Chocolate Chip Walnut & SnickerDoodle... Fruit Bars: Mixed Berry...Quick Bread: Pineapple Coconut*

### FRIDAY

*Cinnamon Rolls with applesauce.. Muffins: Apple Cinnamon & Mixed Berry Ultra-Healthy... Scones: Berry Cream Cheese & Poppy Seed Almond... Fruit Bars: Blueberry.. Cookies: Oatmeal Chocolate Chip Walnut & Salted Caramel Cookies Brownies*

### SATURDAY

*Frosted Cinnamon Rolls.. Muffins: Pineapple Banana Pecan.. Scones: Apple Cinnamon & Berry Almond... Cookies: Oatmeal Chocolate Chip Walnut & Snicker Doodle*



## MEET OUR NEW EMPLOYEES!

Meet Andrew in the morning. He will be training in production to learn how to knead, bake and make our delicious whole foods.



## OUR WHEAT IS NON-GMO

In my opinion eliminating wheat or gluten free is really misunderstood and over prescribed. Now that statement alone will ruffle a lot of feathers so let me explain a little something about our whole wheat kernels. Did you know that we have a stone mill and grind our wheat daily? Our wheat is non-GMO and is a hard red spring wheat. Our wheat has always been the same, we've had a relationship with Montana farmers for years, since 1975 in fact. Our wheat is not hybrid and contains many valuable features that are good for the body including fiber. It's bread made the way it ought to be!

## NEW SANDWICH, NEW COOKIE

Recently, Baja Chipotle Turkey made it's debut on our menu. Featuring a greek yogurt based chipotle sauce, smoked turkey, pepperjack cheese, pickled onions, tomatoes and cabbage. Another new addition is our mocha crackle cookie. Rich chocolate with a powdered sugar topping. Fresh from the oven on Wednesdays. It tastes as good as it looks. Enjoy!



## CLASSIC & SIGNATURE SANDWICHES MON-SAT UNTIL 4PM

Most sandwiches include sliced tomato, romaine lettuce, thinly sliced red onion & salt & pepper. Some have mayonnaise & Dijon mustard and others have a spread. All include your choice of fresh made bread.

Full sandwich \$7.25 Half \$5.25  
prices subject to change :)

**Ham & Swiss:**  
Tender slices of honey smoked ham & Swiss Cheese

**Table Rock Turkey:**  
Smoked Turkey Breast & Swiss Cheese

**Roast Beef:** Pepper roasted thinly sliced roast beef with your choice of cheese

**Peanut Butter & Jelly** \$4 whole & \$2.50 half

**Cowboy Cobb:** \$8.50 full & \$5.95 Half  
Fresh Avocado, smoked turkey breast, crispy bacon, with bleu cheese spread

**Pepper Bleu Roast Beef:** \$7.50 full Half: \$5.50  
Roast beef with bleu cheese spread

**Sweet-Spicy Chicken Salad Sandwich** \$7.95  
Half: \$5.50  
Chunks of white and dark meat chicken in a seasoned mayonnaise dressing with our homemade sweet and spicy pecans.

**Harvest Grand Veggie:** \$6.95  
Half \$5.50  
Fresh bell pepper rings, cucumber slices, provolone & cheddar cheeses with our sweet red pepper spread.

**Tuna Salad Sandwich:** \$6.95  
Half: \$5.50  
Solid white albacore tuna with celery, crisp romaine lettuce, sliced tomato and red onion

**Turkey Cranberry:** \$7.50  
Half: \$5.50  
Smoked Turkey, provolone, cranberry orange horseradish sauce, lettuce, mayo & onions.

## MORE YUMMY SANDWICHES!

**Chimichurri Roast Beef:** \$8.25 full \$5.95 half  
Roast Beef, Swiss Cheese, Chimichurri Sauce, red onion, romaine lettuce, tomato, salt & pepper

**Baja Chipotle Turkey** includes Smoked turkey breast, chipotle yogurt lime dressing, pickled onions, pepperjack cheese, avocado & tomato on your choice of bread. Full \$8.50  
Half \$5.95

**3-Seed Hummus Spread!** \$1.00  
Now available! Dairy Free!  
Prices subject to change.



## HOT SIGNATURE SANDWICHES SERVED DAILY UNTIL 4PM

**Breakfast Sandwich:** \$6.95  
Ham or Bacon, Eggs, Cheddar, Swiss or Pepper Jack Cheese, garlic spread on fresh made bread

**BLAT:** \$7.75  
Our version of the bacon lettuce tomato with fresh mashed avocados served on your choice of fresh bread with mayo then grilled.

**Groovy Grilled Cheese:** \$5.65  
A twist on the traditional sandwich served with a garlic and herb spread, sharp cheddar & Swiss cheese. With tomato add \$0.50, with ham or crisp bacon add \$1.00